



# ATSI Health Check

## HAVE YOU HAD YOUR 715 HEALTHCHECK?

Aboriginal and Torres Strait Islander people can get a health check at your local general practice or health clinic. The 715 health checks are Bulk Billed. The 715 health check can help you better understand your health and help you access follow up services to improve your health and wellbeing. A health check provides your Doctor with important information about you which makes it easier for them to look after your health and the health of your family, in the right way.

## WHAT HAPPENS?

Having the health check should take between 40-60minutes. A health practitioner might check your:

- blood pressure
- blood sugar levels
- height and weight

You might also have a blood test and urine test. It's also good to tell them about your family medical history or any worries you have about your health



## FOLLOW UP CARE

Once you finish the check, the Practice Nurse or Doctor might tell you about other ways to help look after your health. They might suggest services to help you with your:

- heart
- vision
- hearing
- movement
- mental health

You may also get help with free or discounted medicines you might need. Your Doctor can give you information about Closing the Gap scripts.

It's important to have a health check every year, even when you feel well, to stay healthy and strong.